



Form

Won-Hyo

Combos

- 1. Forward punch- reverse punch- rear leg side kick**
- 2. Forward punch- reverse punch-rear leg roundhouse kick**
- 3. Back fist- step in side kick**
- 4. Step forward – jab – cross - hook punch**

Kicks

- 1. Jump Axe Kick**
- 2. Jump Thrust Kick**
- 3. Jump Side Kick**
- 4. Jump Hook Kick**

Escape Techniques

- 1. Escaping Ram**
- 2. Thrusting Release**
- 3. Separating the Tiger**
- 4. Captured Wing**