



## **Form**

### **Yul-Kok**

## **Combos**

- 1. Fake front kick- change to roundhouse kick**
- 2. Fake front kick- change to hook kick**
- 3. Front kick- jump front kick**
- 4. Front kick- back fist- reverse punch**

## **Kicks**

- 1. Pop Up Front Kick**
- 2. Pop Up Roundhouse Kick**
- 3. Pop Up Outside In Crescent Kick**
- 4. Pop Up Side Kick**

## **Sparring**